

The Protection of the Holy Ghost

PURPOSE

To illustrate how the Holy Ghost can protect us by warning us of Satan's deceptions and of physical dangers

MATERIALS

- An unpeeled potato
- A potato that has been peeled several days in advance and is beginning to turn black and shrink



LESSON IDEAS

1. Hold up the unpeeled potato and point out that even though it was harvested months ago it still remains crisp and edible. Explain that the skin of the potato provides a protective covering to keep it from spoiling.
2. Hold up the potato that was peeled several days ago. Point out that it is beginning to shrink and turn black. Once the protective skin is removed it begins to decay.
3. Explain that Heavenly Father loves us so much that He has given us a protective gift to warn us of spiritual and physical dangers. Ask them what they think this gift is.
4. Read D&C 45:57 and testify that as long as we live worthy we will be blessed with the guidance and protection of the Holy Ghost.
5. President Gordon B. Hinckley stated, "There is no greater blessing that can come into our lives than ... the companionship of the Holy Spirit" (Boston Massachusetts Regional Conference, 22 Apr. 1995).
6. You may want to share a personal experience when the Holy Ghost protected you in a time of temptation or danger.
7. Testify of the protection that comes to us when we live worthy of the Holy Ghost.