

## There Is No Death Above

### PURPOSE

To help family members understand that:

- We are beings consisting of a body and a spirit
- When a person's body dies the spirit lives on
- Because of Jesus Christ we will be resurrected and receive perfect bodies that will never die



### MATERIALS

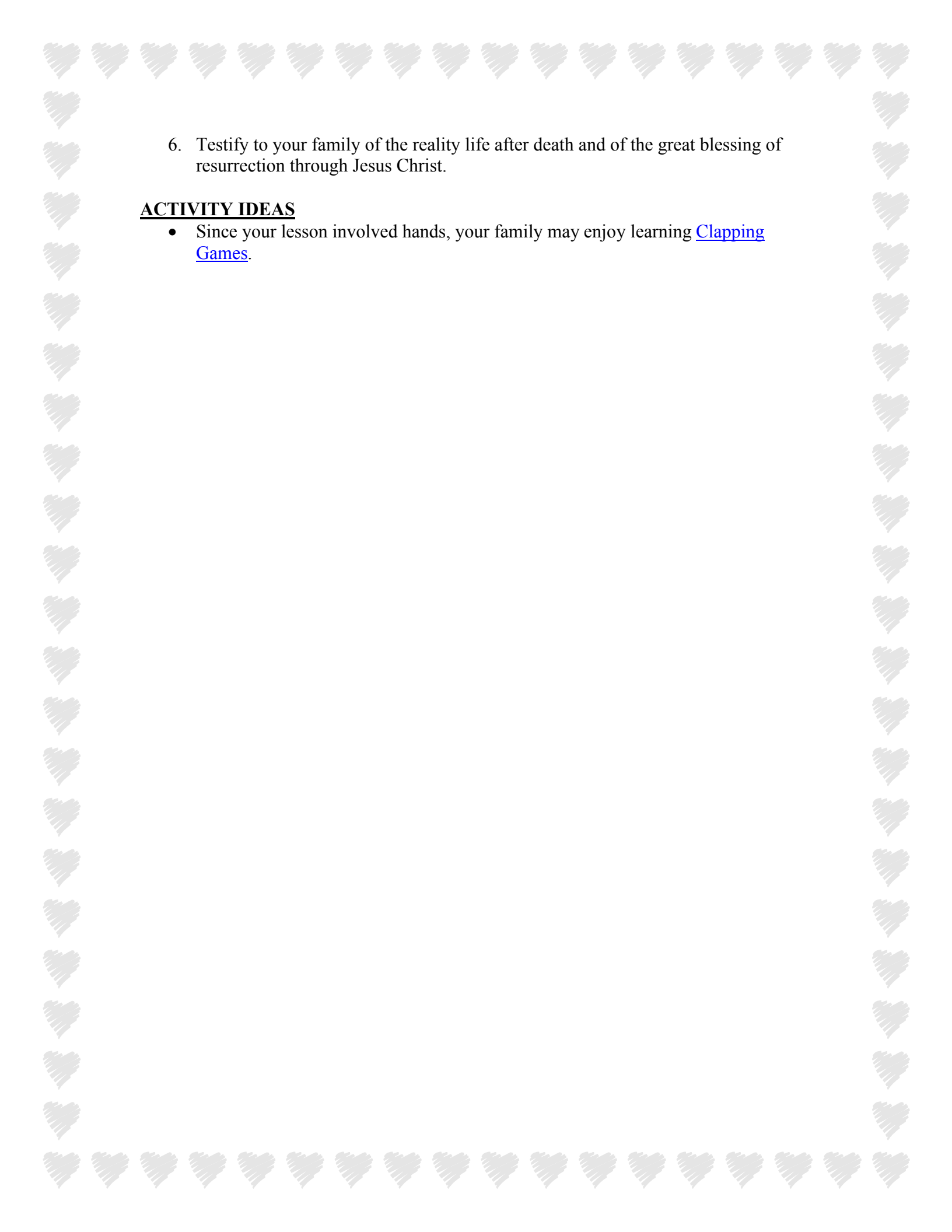
- A glove
- Story, [Information, Please](#)

### SONG SUGGESTION

- “If You Could Hie to Kolob” (especially verse 5), hymn # 284.

### LESSON IDEAS

1. Put the glove on your hand. Hold up your hand and move your fingers so the glove moves also.
2. Take the glove off your hand and lay it on the table. Ask, “Why isn’t the glove moving any more?”
3. Compare the glove to our body and the hand to our spirit. Help your family understand that:
  - a. We have both a body and a spirit.
  - b. Sometime prior to birth our spirit entered our body.
  - c. Just as the glove has no “life” without the hand, so the body has no life without the spirit.
  - d. In the true sense, there is no such thing as death. When our spirit leaves our body the body stops working, but our eternal spirit lives on.
4. Slip the glove back on your hand and testify that because of the resurrection of Jesus Christ we will be resurrected and receive perfect bodies that will never die.
  - a. You may want to read one or more of the following scriptures with your family:
    - i. Alma 11:42-45
    - ii. D&C 93:33-34
    - iii. D&C 138:11-18
5. Share the story, Story, [Information, Please](#) (scroll down through President Monson’s article until you reach the heading, “Information Please”).

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6. Testify to your family of the reality life after death and of the great blessing of resurrection through Jesus Christ.

**ACTIVITY IDEAS**

- Since your lesson involved hands, your family may enjoy learning [Clapping Games](#).