

The Holy Ghost – Getting Ourselves in Range

PURPOSE

To help family members understand things we can do to be in tune with the Holy Ghost

MATERIALS

- Story, [Seek the Spirit of the Lord](#)
- Story, [Hearken to the Spirit](#)
- Laptop computer (or a picture of a laptop)

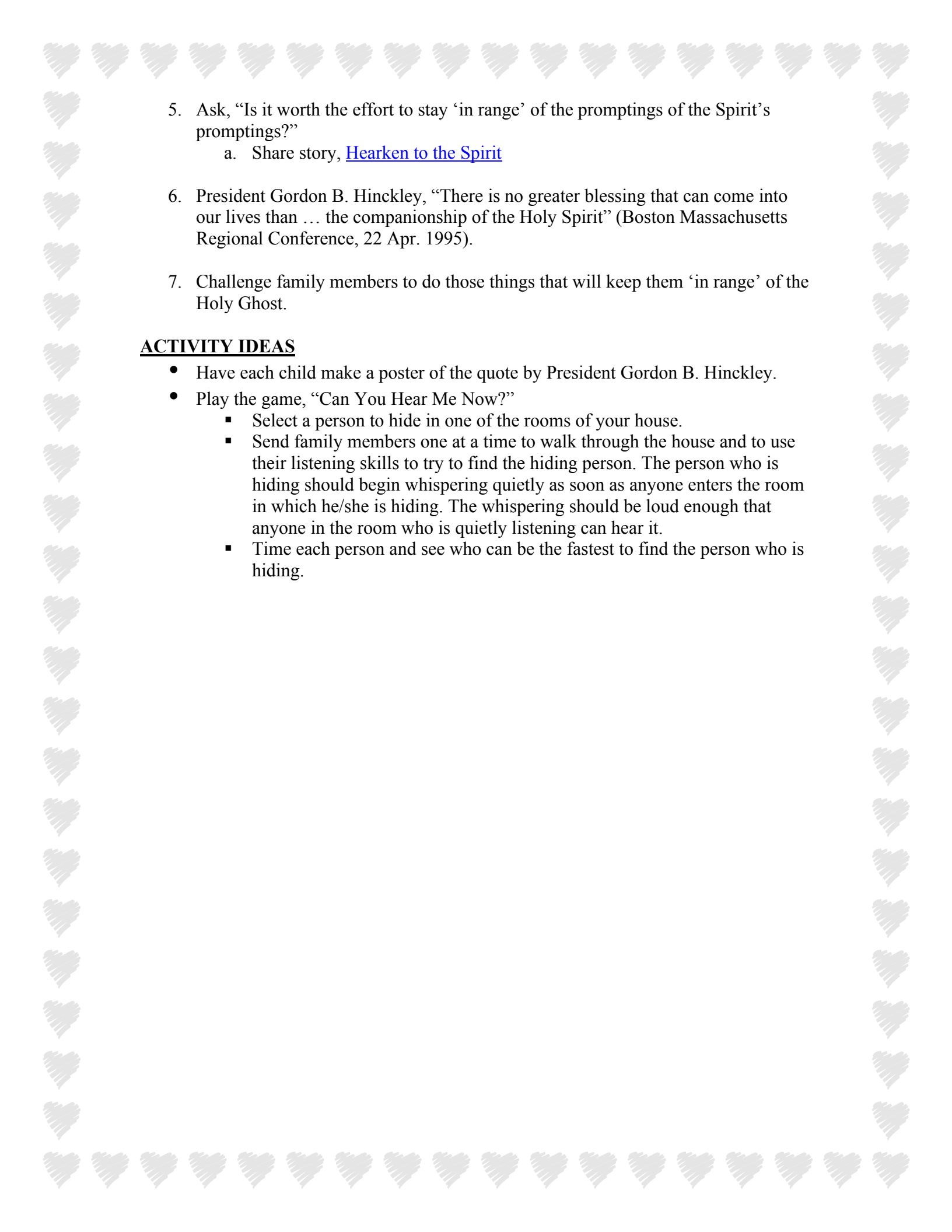


SONG SUGGESTION

- “Let the Holy Spirit Guide” #143 in *Hymns*

LESSON IDEAS

1. Show your family a laptop computer (or a picture of a laptop). Explain that a laptop computer has a special device that can pick up an internet signal. If the computer is in range of the signal it has the ability to receive e-mail and information from all over the world.
 - a. Explain that each member of the Church has been given a special ‘device’ called the Holy Ghost. When we are ‘in range’ of His influence we can receive messages and information from heaven! But sometimes, like a laptop, we can get ‘out of range’ of the Holy Ghost.
2. Invite your family to listen to the story, [Seek the Spirit of the Lord](#), and help them discover what was keeping Elder John Wells ‘out of range’ of the Holy Ghost.
3. Discuss as a family some of the things that will help us stay ‘in range’ of the Holy Ghost.
 - a. Obedience
 - b. Scripture reading
 - c. Prayer
 - d. Church attendance
 - e. Service
 - f. Music
4. You may want to discuss some of the things Satan uses to get us ‘out of range’ of the promptings of the Holy Ghost:
 - a. Pornography
 - b. Unwholesome television and movies
 - c. Offensive language
 - d. Breaking the Word of Wisdom
 - e. Loud, offensive music

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5. Ask, “Is it worth the effort to stay ‘in range’ of the promptings of the Spirit’s promptings?”
 - a. Share story, [Hearken to the Spirit](#)
 6. President Gordon B. Hinckley, “There is no greater blessing that can come into our lives than ... the companionship of the Holy Spirit” (Boston Massachusetts Regional Conference, 22 Apr. 1995).
 7. Challenge family members to do those things that will keep them ‘in range’ of the Holy Ghost.

ACTIVITY IDEAS

- Have each child make a poster of the quote by President Gordon B. Hinckley.
- Play the game, “Can You Hear Me Now?”
 - Select a person to hide in one of the rooms of your house.
 - Send family members one at a time to walk through the house and to use their listening skills to try to find the hiding person. The person who is hiding should begin whispering quietly as soon as anyone enters the room in which he/she is hiding. The whispering should be loud enough that anyone in the room who is quietly listening can hear it.
 - Time each person and see who can be the fastest to find the person who is hiding.